



The
**Prime Times
NEWSLETTER**
May 2026



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19th International Undergraduate Medical Research Conference at PMC



April 17, 2026 – Peshawar Medical College (PMC) has successfully concluded its prestigious 19th International Undergraduate Medical Research (UMR) Conference. The two-day event, held on April 15–16, 2026, stands as a premier national platform dedicated to fostering scientific inquiry, ethical research, and innovation among the next generation of healthcare professionals. Organized by the Department of UMR in collaboration with Peshawar Dental College (PDC) and Rufaidah Nursing College (RNC), the

conference drew ambitious students from across the country to showcase groundbreaking projects in various medical disciplines.

The conference was formally inaugurated by Prof. Dr. Anis Ahmad, Vice Chancellor of Riphah International University, who served as the Chief Guest for the opening ceremony. The inaugural session also featured a thank you note from Prof. Dr. Zahoor Ahmad Swati, Director of Riphah International University, Peshawar Campus.

The closing ceremony was graced by Mr. Muhammad Israr, Secretary of the Higher Education Department (HED) KP, who served as the Chief Guest and presided over the award distribution. The event featured high-level plenary talks and workshops from prominent international and national experts:



Prof. Anwar Hoosen (University of Pretoria, South Africa) delivered a plenary talk titled “The essential pathway of AMR Research in Resource-Limited Settings”. Dr. Yogandree Ramsamy, who provided expert perspectives on contemporary health challenges and research methodology. Prof. Dr. Saeed Farooq (UK) presented on “Systematic Reviews and Meta-Analysis: Basic Concepts and Prerequisites”. Prof. M. Irfan conducted a workshop on managing conflict, criticism, and boundaries in high-pressure settings. Prof. Ayesha Abdullah led a workshop on the art of coding in qualitative research. Dr. Hala Rajab (Director UMR) and Ms. Areesh Malik (President UMR Society) addressed the participants on institutional research goals.

The conference celebrated outstanding academic achievement across several competitive categories:

Research Verbal Competition



Basic & Clinical Sciences: Zunaib Jalil (Nowshera Medical College) – 1st Position.

Public & Environmental Health: Mohammad Danial (Peshawar Medical College) – 1st Position.

Medical Education: Musfirah Khan (Peshawar Medical College) – 1st Position.

Basic & Clinical Sciences: Mohammad Danial (PMC) – 1st and 2nd Position.

Public & Environmental Health: Sajjad Khan (Khyber Medical College) – 1st Position.

Mental Health & Behavioral Sciences: Muhammad Faaz Khan (Khyber Medical College) – 1st Position.

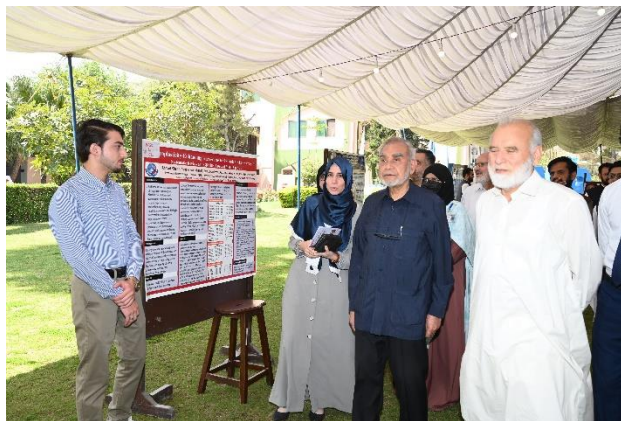
Medical Education: Manahil Fayaz (Peshawar Medical College) – 1st Position.

Research Idea Pitch: Hina Afridi (Khyber Girls Medical College) won 1st position for her visionary research concept.

Research Quiz: Team "NMC NOVA" (Nowshera Medical College) emerged as the national champions.

Since its inception in 2006, the UMR conference has evolved into a vital academic tradition. The 19th edition reinforced the commitment of the Prime Foundation and its constituent colleges to developing the next generation of evidence-based medical practitioners in Pakistan.





Last contact session of the 11th CHPE course ended at Peshawar Medical College



April 25, 2026 - The last contact session of the 11th Certificate in Health Professions Education (9th CHPE) course ended on 25th April, 2026 at Peshawar Medical College. So far 246 faculty members from Pakistan and abroad have graduated through this course. Like the previous courses, 11th course marked a significant step forward in advancing excellence in medical education through faculty development.

Designed to strengthen teaching, assessment, and curriculum development practices, the program brought together a diverse cohort of clinicians, educators, and academic leaders committed to improving health professions education.

This was a six-month course with three contact sessions (11 credit hours). The course offered a balanced blend of theory, practice, and reflective learning, aligned with international standards. The program was facilitated by a distinguished panel of experts, including Prof. Ayesha Abdullah, Prof. Hafeez ur Rahman, Prof. Najib ul Haq, Dr. Neelofar Shaheen, Prof. Dr. Abid Jamil, Prof. Junaid Sarfaraz, Prof. Dr. Bakht Biland, Prof. Dr. Rukhsana Maroof, Prof. Dr. Masood Jawaaid, Mr. Muhammad Farooq, Dr. Bushra Mehboob, Dr. Rabia Asfaq, Dr. Uzma Siddique, Dr. Hafsa Bibi and Dr. Sumayyah Saqib. The program comprised 11 credit hours over six months, with a total of 29 participants.

The first contact session focused on curriculum development and professionalism, introducing outcome-based and competency-based education, along with practical skills in instructional planning and leadership. The second session emphasized effective teaching and learning strategies, including interactive methods, cognitive principles, and the integration of emerging technologies such as artificial intelligence. The third session focused on assessment and evaluation, covering key concepts like best practices, utility index, validity, reliability, and the development of high-quality assessment items for the cognitive, affective and psychomotor domains of learning.

A key strength of the program was its emphasis on active participation through group work, presentations, and practical exercises, supported by reflective learning. Overall, the CHPE program is successfully developing a community of educators equipped to lead innovation and address contemporary challenges in medical education.



PMC and CIFM sign MOU to Advance Family Medicine Training

April 2, 2026: Peshawar Medical College (PMC) has signed a Memorandum of Understanding (MOU) with the Central Institute of Family Medicine (CIFM) to expand access to structured postgraduate training opportunities in Family Medicine and Family Dentistry for medical and dental professionals in Khyber Pakhtunkhwa.

The collaboration aims to facilitate quality-assured postgraduate pathways aligned with national regulatory standards and internationally benchmarked training models. Under the agreement, graduates of Peshawar Medical College (PMC) and Peshawar Dental College (PDC), along with teaching faculty and practicing healthcare professionals, will gain facilitated access to multiple programs recognized by the College of Physicians and Surgeons Pakistan.

These include MCPS (Family Medicine) through the experience-based track, FCPS progression pathways, Family Dentistry qualifications, residency preparation programs, and structured clinical training modules designed to strengthen competency in primary healthcare practice.

The partnership also supports internationally aligned preparation programs aimed at enhancing career mobility for Pakistani graduates seeking opportunities in Canada, the United States, Europe, and Gulf countries through globally benchmarked family medicine training pathways.

Through subsidized access arrangements under the MOU, healthcare professionals from Khyber Pakhtunkhwa will benefit from expanded postgraduate academic opportunities without significant geographic or financial barriers.



The collaboration is expected to contribute to workforce development, faculty capacity building, and strengthening of primary care services across the province.

PMC & PTH hold laboratory staff training

April 1, 2026- A comprehensive training session on the “Responsibilities of Laboratory Staff” was jointly organized by Peshawar Medical College (PMC) and Prime Teaching Hospital, Warsak Road, Peshawar. The session highlighted the critical importance of accurate laboratory testing and its fundamental role in timely diagnosis and effective patient treatment.



Renowned gastroenterologist Prof. Dr. Najeeb-ul-Haq, Patron, Prime Foundation, and eminent pathologist Prof. Dr. Muhammad Ashraf, Incharge Laboratory Services at Prime Teaching Hospital, addressed the participants.

In their keynote remarks, the speakers emphasized that laboratory personnel must

perform their duties with utmost care, integrity, and professional competence. They noted that even minor errors in routine tests, such as those for hepatitis or blood sugar, can lead to misdiagnosis and inappropriate treatment, posing serious risks to patient health.

The session concluded with a renewed commitment from participants to uphold professional excellence and ethical standards in laboratory practices.



Hands-On Workshop on Cytology in Oral Pathology at Peshawar Dental College

April 21, 2026 - A pre-conference workshop titled “Cytology (cell studies) in Oral Pathology: A Hands-On Practical Workshop” was successfully conducted as part of the 2nd International KCD-CON 2026 at Khyber College of Dentistry, Peshawar.



The workshop aimed to enhance the (practical knowledge and clinical skills of participants in the field of oral cytology.

Renowned facilitators including Prof. Abbas Saleem Khan, Prof. Nabiha Mutahir, Dr. Fatima Iqbal, Dr. Tehmina Naushin, and Dr. Anoshia Zahid led the session. The workshop focused on key learning objectives such as

understanding the clinical role, indications, and limitations of oral cytopathology, performing cytological sampling techniques including FNAC and brush cytology, and identifying normal and abnormal cytomorphological features.

The interactive format of the workshop provided a valuable learning experience for students, clinicians, and researchers. It served as an important platform for knowledge exchange and professional development in the field of oral pathology.



Prime Foundation Quality Control Team Visits Kuwait Teaching Hospital

April, 22, 2026 – In a steadfast commitment to clinical excellence and patient safety, the Quality Control team of the Prime Foundation recently concluded a high-level inspection of the Kuwait Teaching Hospital. Led by Dr. Maqsood Ali, Director of Quality Control, the delegation included Engineer Junaid ur Rahman and Dr. Luqman. The team assessed the facility to ensure all clinical and infrastructural standards align with the rigorous healthcare benchmarks established by the Khyber Pakhtunkhwa Health Care Commission (KHCC).



During the visit, the team conducted thorough evaluations of critical departments, including the Accident & Emergency (ER), Intensive Care Unit (ICU), and Coronary Care Unit (CCU). They closely examined life-support systems, patient monitoring protocols, and the adequacy of specialized staffing. The inspection also extended to the Paediatrics Department and the Hospital Pharmacy, involving detailed audits of medication management and clinical documentation.

The team emphasized the vital importance of maintaining superior healthcare standards across all Prime Foundation constituent hospitals. By reviewing both clinical processes and engineering infrastructure, the inspectors aimed to guarantee a safe and effective environment for both patients and healthcare providers. This routine visit is part of a broader strategy to implement standardized quality management systems across the foundation's medical and dental teaching facilities.

Free Cornea Transplants at Prime Teaching Hospital

PESHAWAR – In a major step toward improving access to specialized healthcare, Prime Teaching Hospital is offering completely free cornea transplant surgeries, removing financial barriers for patients in need.

One such beneficiary, Muhammad Ibrahim, regained his vision after suffering from impairment for four years. He received comprehensive ophthalmic care—from initial consultation to successful surgery—entirely free of cost.

Hospital officials highlighted that this initiative reflects their commitment to equitable healthcare, ensuring that life-changing treatments are accessible to all segments of society regardless of financial status.



The administration also expressed gratitude to donors whose continued support makes these zero-cost procedures possible, enabling patients to restore their sight and improve their quality of life.



PMC Hosts High-Impact FCPS Part II Course in Gynecology & Obstetrics

April 30, 2026-An exclusive training course for FCPS Part II trainees in Gynecology and Obstetrics was successfully held on April 30, 2026, at Peshawar Medical College. The session, focused on Extended TOACS (Task-Oriented Assessment of Clinical Skills), aimed at enhancing clinical and examination skills of postgraduate trainees.

The course was organized by a distinguished team of faculty members including Prof. Dr. Tehniyat Ishaq Khattak, Prof. Dr. Samdana Wahab, and Associate Prof. Dr. Shandana Bawar.



Key topics covered during the session included short case scenarios in obstetrics and gynecology, perineal tear repair, labour room and gynae board discussions, CTG interpretation, urodynamics, and hands-on training in procedures such as hysterectomy techniques and stepwise devascularization.

The workshop provided participants with valuable practical exposure and interactive learning opportunities, helping them strengthen their clinical competence and preparedness for professional examinations. The initiative was well-received and highlighted the importance of structured training programs in medical education.



PMC Sports Society Celebrates Sports Week

April 27, 2026-The Sports Society of PMC organized an energetic and engaging Sports Week at Champion Hub, DHA, under the leadership and guidance of Chairman Dr. Arslan and, President of the Sports Society Ahmad Tayyab,. The event was honored by the presence of distinguished guests, including Prof. Dr. Hafeez ur Rehman, Dean PMC, and Prof. Dr. Mohammad Aman Khan, Principal of PMC. Their participation encouraged students to actively engage in sports and healthy competition.

The week-long event featured a variety of sports activities, promoting teamwork, discipline, and physical fitness among students. Participants demonstrated enthusiasm and sportsmanship throughout the competitions. Chairman Dr. Arslan appreciated the efforts of the Sports Society and emphasized the importance of extracurricular activities in students' development. The Dean also highlighted the role of sports in building leadership qualities and maintaining a balanced academic life.

The event included the following sports: Cricket, Volleyball, Football, Basketball, Ludo, Chess, Carrom, Table Tennis Singles, Table Tennis Doubles, PUBG, FIFA, Tekken, eFootball, Badminton Singles, Badminton Doubles, Padel.



Library Hosts Information Literacy Session for Postgraduate Medical Students

May 11, 2026 - The PMC Library recently conducted a specialized Information Literacy Course for postgraduate medical students and faculty, led by Chief Librarian, Muhammad Ibrahim. The session aimed to bolster research capabilities and evidence-based learning within the medical community.

Acknowledging the rapid expansion of medical knowledge, Ibrahim emphasized the necessity of lifelong learning. The workshop focused on practical strategies for locating, evaluating, and ethically applying medical information in both academic and clinical settings.

Search Optimization: Formulating strategies using frameworks like PICO.

Critical Appraisal: Identifying reliable literature and understanding research structures.

Ethics & Integrity: Navigating information overload, avoiding plagiarism, and maintaining research ethics.



Technical Proficiency: Mastering citation management tools such as Mendeley, Zotero, and EndNote.

Accessing Global Medical Databases

Attendees explored major medical databases such as PubMed Central (PMC) and BioMed Central, alongside open-access platforms like Science Direct Open Access and the Directory of Open Access Journals (DOAJ). The sessions also covered institutional and academic repositories, including the HEC Digital Library and the Networked Digital Library of Theses and Dissertations (NDLTD). Ultimately, the training focused on the practical impact and clinical application of these tools, empowering healthcare providers to utilize evidence-based research in their professional practice.



The workshop concluded with an interactive discussion on optimizing library digital services. Participants praised the practical nature of the training, noting its immediate relevance to their research quality and clinical practice. Future advanced training sessions are already being planned to meet the high demand for these essential skills.

Media Corner



پشاور میڈیکل کالج اور سی آئی ایف ایم کے درمیان معاہدہ پر دستخط کے بارے میں
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Pakistan OBSERVER
Print & Online Edition

PMC, CIFM to expand medical training in KP

STAFF REPORTER

PESHAWAR: Peshawar Medical College (PMC) has signed a Memorandum of Understanding (MOU) with the Central Institute of Family Medicine (CIFM) to expand access to structured postgraduate training opportunities in Family Medicine and Family Dentistry for medical and dental professionals in Khyber Pakhtunkhwa. The collaboration aims to facilitate quality-assured postgraduate pathways aligned with national regulatory standards and internationally benchmarked training models. Under the agreement, graduates of Peshawar Medical College (PMC) and Peshawar Dental College (PDC), along with teaching faculty and practicing healthcare professionals, will gain facilitated access to multiple programs recognized by the College of Physicians and Surgeons Pakistan. These include MCPS (Family Medicine) through the experience-based track, FCPS progression pathways, Family Dentistry qualifications, residency preparation programs, and structured clinical training modules designed to strengthen competency in primary healthcare practice. The partnership also supports internationally aligned preparation programs aimed at enhancing career mobility for Pakistani graduates seeking opportunities in Canada, the United States, Europe, and Gulf countries through globally benchmarked family medicine training pathways.

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04-2026 hours (4000) @ South Karachi	FOR

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no sign on job, and PMA website

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APP
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PMC signs MOU with CIFM Lahore to expand CPSP-Recognized training opportunities in KP

PESHAWAR, Apr 02 (APP): Peshawar Medical College (PMC) has signed a Memorandum of Understanding (MOU) with the Central Institute of Family Medicine (CIFM) to expand access to structured postgraduate training opportunities in Family Medicine and Family Dentistry for medical and dental professionals in Khyber Pakhtunkhwa.

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Daily Country News Digital Daily Country News

COUNTRY NEWS

Editor in Chief: Sardar Hameed

PMC, CIFM Lahore sign MoU to expand CPSP training in KP

Staff Reporter

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and Gulf countries through globally benchmarked family medicine training pathways. Institutional representatives noted that the initiative reflects the growing importance of Family Medicine as a cornerstone specialty supporting primary healthcare delivery and community-based patient care. Through subsidized access arrangements under the MOU, healthcare professionals from Khyber Pakhtunkhwa will benefit from expanded postgraduate academic opportunities without significant geographic or financial barriers. The collaboration is expected to contribute to workforce development, faculty capacity building, and strengthening of primary care services across the province.

Independent

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PMC and CIFM Sign MoU to Enhance Family Medicine Training

PAKISTAN TOP NEWS

By Webdesk — On Apr 2, 2026

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Independent Report

ABC Certified Daily Paigham Peshawar

پیغامات

چیف ایڈیٹر گل احمد مراد | ایگزیکٹو ایڈیٹر

17 اپریل 2026ء، شمارہ نمبر 1447، جلد 03، اپریل 2026ء، قیمت 20 روپے، شمارہ نمبر 284

پشاور میڈیکل کالج اور سی آئی ایف ایم کے درمیان معاہدہ پر دستخط کے بارے میں

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اللہ ہی کیلئے ہیں مشرق و مغرب القرآن

DAILY MASHRIQ PESHAWAR

پشاور

روزنامہ

سید تاج میر شاہ

عبدنو کے بانی

مشرق

مسلسل اشاعت کے 59 سال

پشاور اسلام آباد سوات خیبر پختونخوا کی قومی اخبار

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سیکرٹری ہائیر ایجوکیشن محمد اسرار پشاور میڈیکل کالج میں کانفرنس کے شرکا کو میڈیٹر رہے ہیں

پی ایم سی میں عالمی یو ایم آر کانفرنس اختتام پزیر

موجودہ جدید چیلنجز کا حل عملی تحقیق میں مضمر ہے، سیکرٹری تعلیم کے پی محمد اسرار

پشاور (مشرق) پشاور میڈیکل کالج میں 19 ویں انٹرنیشنل یو ایم آر کانفرنس اختتام پزیر ہوئی، مہمان خصوصی صوبائی سیکرٹری ہائیر ایجوکیشن محمد اسرار نے خطاب میں بتایا کہ، ماحولیاتی تبدیلی، زہری اور دوائی کے محفوظ استعمال اور پانی کے معیار جیسے اہم مسائل پر تحقیق کی اہمیت کو اجاگر کیا، انہوں نے کانفرنس کے انعقاد کو شاندار اور قابل ذکر اقدام قرار دیتے ہوئے کہا کہ جدید چیلنجز سے نمٹنے کیلئے بین الاقوامی تحقیق

سٹیٹسٹریکٹیں اور ڈیٹا سائنس کا کردار اہمیت کا حامل ہے، ایسی مابین میں معاشرے کے تحقیقی مسائل کے حل پر توجہ دیں۔ ڈین پروفیسر ڈاکٹر حفیظ الرحمن، یو ایم آر، سوسائٹی کی صدر عرفین ملک اور ہالدر جب نے بھی خطاب کیا، پوسٹر مقابلوں، تحقیقی پریزیمینٹ اور دیگر سرگرمیوں کے شرکا کا انعامات سے نوازا گیا۔

To expand CPSP-recognized training opportunities in KP Peshawar Medical College signs MOU with CIFM Lahore

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The Province

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Peshawar Medical College holds 19th International UMR Conference

STAFF REPORTER

PESHAWAR: The 19th International UMR Conference 2026 officially opened at Peshawar Medical College, gathering a prestigious assembly of academicians, researchers and medical students.

The inaugural session centered on the urgent need to transition from being mere consumers of knowledge to becoming creators of evidence-based research. The Chief Guest, Prof. Dr. Anis Ahmad, Vice Chancellor of Riphah International University (RIU), delivered a profound keynote address. He highlighted that while the Quran places immense emphasis on research and the pursuit of evidence, much of the Ummah has drifted toward the simple application of existing knowledge.

Dr. Anis urged professionals to conduct a "self-audit" of their responsibilities to ensure they are meeting societal needs. He articulated a vision where education is not pursued for material gain, but to "illuminate one's surroundings" and serve humanity. "A holistic view of health must balance both mental and physical well-being," Dr. Anis stated, while also advocating for



the use of national languages specifically Urdu, to bridge social divides and preserve cultural heritage within the scientific community. The conference featured prominent international perspectives on the rising threat of Antimicrobial Resistance (AMR). Prof. Dr. Anwar Hossain (University of Pretoria), in an online plenary lecture titled "The Essential Pathway of AMR Research in Resource-

Limited Settings," outlined the pressing burdens of global health and called for a strategic shift in how developing nations approach medical research. Dr. Yogandree Ramsamy (University of KwaZulu-Natal), drawing from her South African experience, she discussed the practicalities of combating AMR and the necessity of clinical evidence in improving patient outcomes.

Deserving children PBM-HMC ink MoU to provide free cochlear implant surgeries

Bureau report

PESHAWAR: Pakistan Bait-ul-Mal (PBM) and MTI-Hayatabad Medical Complex (HMC) on Thursday signed a memorandum of understanding to provide free cochlear implant surgeries and comprehensive medical care to deserving hearing-impaired children.

The MoU was formally signed by PBM Director Lal Badshah and Hospital Director HMC Col (Retd) Dr Gulzar Ahmad Khan, representing their respective organisations. Associate Professor Dr Saeed Khan, Chairman of the ENT Department at HMC, was also present on the occasion.

Under the agreement, Pakistan Bait-ul-Mal will extend financial assistance to underprivileged and deserving children suffering from hearing impairment, including those born with congenital disabilities, covering the cost of cochlear implant procedures as well as post-operative care and rehabilitation.

MTI-Hayatabad Medical Complex will provide end-

to-end clinical services, including diagnostic assessment, surgical intervention, post-surgical rehabilitation, and follow-up care. The hospital will also ensure the availability of allied medical facilities and technical support necessary for successful outcomes.

Officials said the partnership reflects the government's continued commitment to supporting vulnerable segments of society through accessible and quality healthcare services, particularly in specialised fields requiring high-cost interventions.

Both sides reaffirmed their resolve to implement the agreement in line with its terms and conditions to improve healthcare delivery for hearing-impaired patients and enhance access to modern treatment options. The initiative is expected to significantly improve access to hearing restoration services for financially disadvantaged individuals and contribute to reducing the long-term impact of hearing disabilities, particularly among children.